

# VIKINGS

FOUR TRIBES. ONE FIRE.





## GENERAL ORGANIZATION OF THE BOOKLET

The booklet is organized in three main levels: **Level 1** for beginners of the English Language, **Level 2** for an intermediate class and **Level 3** for advanced students. Besides, each level has been divided into **three sessions** in which learners will have an approach to the story, plot, characters and they will have the possibility to solve creative activities before the play.

The amount of **time** to complete each session is between **30 and 50 minutes**.

**IN ARTSPOT WE STRONGLY BELIEVE THAT THE USE OF THE BOOKLET IN CLASS WILL ENHANCE STUDENTS' EXPERIENCE BY HELPING THEM TO COMPREHEND THE STORY DEEPLY, BROADENING THEIR LANGUAGE SKILLS AND PROVIDING THE CONDITIONS TO EXPLORE ENGLISH WITHIN AN INGENIOUS AND INNOVATIVE CONTEXT.**

## Sessions

### 1. Getting Started!

Aim: Getting to know the story, vocabulary, reading comprehension.

### 2. Meet the Characters

Aim: Meeting the characters of the play and going over English grammar concepts.

### 3. Creative Writing

Aim: Thinking beyond the story, creative writing.



## VIKINGS: THE FOUR HOUSES

In the world of *Vikings: Four Houses, One Fire*, the Viking people are divided into four great houses. Each house lives in a different direction of the island and has developed its own traditions, skills, and symbols. Although their cultures vary, they share the same Viking spirit: courage, loyalty, and respect for nature.

### THE ICEBORN THE HOUSE OF THE NORTH (BLUE)

The Iceborn live in the cold northern lands, where long winters and frozen seas shape their way of life. They are skilled navigators who rely on the wind, the waves, and the famous sunstone to find their way across the ocean. Members of the Iceborn house are thoughtful, observant, and deeply connected to the natural elements. They believe that patience and wisdom are stronger than brute force. Freya, leader of the Iceborn, represents these qualities: calm, intelligent, and brave when facing difficult choices.

### THE IRONBORN THE HOUSE OF THE WEST (YELLOW)

The Ironborn live in the western territories, where strong winds and open seas demand strength and resilience. Their people are known for their skill in forging metal and crafting powerful weapons. Ironborn warriors are dependable allies who value loyalty and teamwork. They believe true strength comes not only from physical power but also from standing beside those who need help. Erik, who belongs to this house, reflects these values through his bravery, kindness, and willingness to support Freya in her quest.

### THE FLAMEBORN THE HOUSE OF THE SOUTH (RED)

The Flameborn inhabit the warmer southern lands, where fire and sunlight dominate the landscape. Their culture values courage, ambition, and bold action. Flameborn warriors are passionate and proud, always seeking glory and recognition through great deeds. Their symbol is the flame, representing energy, power, and transformation. Astrid, a member of this house, embodies the fiery spirit of the south: determined, clever, and sometimes driven by her desire to prove herself.

### THE STONEBORN THE HOUSE OF THE EAST (GREEN)

The Stoneborn reside in the eastern lands, where mountains and ancient forests dominate the horizon. Their society is built on tradition, discipline, and respect for ancient laws. Stoneborn leaders are thoughtful and fair, guided by wisdom passed down through generations. They believe that stability and justice create lasting strength. Olaf represents this house: calm, balanced, and committed to protecting the harmony of the Viking world.



## BEFORE READING: VOCABULARY

### PART 1- MATCH THE WORDS TO THEIR MEANING

» Match the Words to Their Meaning

» Draw a line to connect each word with its correct meaning.

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|--------------|--|
| 1. LEGACY    | A. A formal or traditional act performed in a ceremony   |
| 2. RIVALRY   | B. The values, beliefs, and traditions shared by a group |
| 3. HERITAGE  | C. Something important that is passed down from the past |
| 4. DECEPTION | D. Competition or conflict between groups                |
| 5. RITUAL    | E. The act of misleading someone or telling a lie        |
| 6. ALLIANCE  | F. An agreement between groups to work together          |

### PART 2 – WORD IN CONTEXT

Choose three words from the list and write a sentence for each one related to the Viking story.

*Example: The Vikings formed an alliance to protect their lands.*

1 .....

2 .....

3 .....

### PART 3 – SHORT PARAGRAPH

Using at least three of the vocabulary words, write a short paragraph describing what might happen when different Viking houses meet.

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## THE PLOT

The story opens in the cold northern lands of the Iceborn tribe, where Freya is preparing the sacred Ceremony of the Horn — a traditional gathering meant to unite the four Viking houses. She welcomes the arriving members from the other tribes: Astrid of the Flameborn from the South, ambitious and eager for glory; Erik of the Ironborn from the West, strong, loyal, and noble; and Olaf of the Stoneborn from the East, calm, disciplined, traditional, and fair. Each guest brings an object representing their tribe: Astrid carries a dragon's tooth, Erik brings a forged piece of West Iron, and Olaf presents a green talisman carved from Eastern stone. Freya then reveals the most powerful treasure of the entire Viking world: Lagertha's Horn, said to command storms and channel the spirit of ancient warriors. The four houses drink from it to ask for protection, prosperity, and unity.

That night, while all sleep, Astrid secretly steals the horn. She imagines how King Ragnar of the Flameborn tribe will praise her bravery and reward her with honor. Whispering to herself, she slips into the shadows and disappears. At dawn, Freya discovers the horn is missing and Astrid is gone. She feels devastated, but Erik stands by her side. He tells her that no Viking should walk alone to recover their story. Together, they set sail south on Erik's Ironborn Drekkar, beginning a journey filled with discovery, teamwork, and growing trust. During the voyage, Freya teaches Erik how to use the northern sunstone to navigate in cloudy weather, and Erik teaches her how Ironborn sailors read the stars and sky. As they travel, they compare traditions, laugh, and slowly begin to form a deep bond.

When they reach the southern island, they decide to split up to cover more territory. Freya walks along the coast until she finds a mysterious forest cave inhabited by playful trolls. These trolls surround her with chaotic and funny rituals, singing about nature and joy while showing her shiny treasures they have "collected" from many tribes. In exchange for the sunstone, the trolls give Freya clear directions to the southern camp.

Freya and Erik reunite at sunset near the giant Flame Rock, a towering stone shaped like fire. They create a plan to infiltrate the Flameborn camp disguised as nomadic warriors. Inside the camp, Astrid presents the stolen horn to King Ragnar, inventing a dramatic story about fighting northern tribes to save it. Ragnar praises her, believing her lies. Freya and Erik manage to blend into the ceremony for a moment, but small mistakes — incorrect greetings, and unfamiliar rituals — reveal them as outsiders. A battle ensues: Freya confronts Astrid, while Erik faces Ragnar in a clash of strength and honor.



Eventually, Freya stops the fight and bravely tells the truth. She explains that Astrid stole the horn, lied to her people, and risked peace between the houses. Ragnar listens, disappointed but willing to hear Freya's words. Freya delivers a powerful speech reminding everyone that though the four tribes live in different directions — north, south, east, and west — they share the same Viking fire. Their helmets, shields, and hearts are bound by the same ancient spirit. Her courage moves Ragnar, who returns the horn to its rightful owner and calls for peace between the houses. Astrid is forgiven, though she loses her honor for now.

The vikings join together for the final anthem, celebrating unity and respect. As the flame in the center of the stage burns brightly, Freya and Erik exchange a hopeful look — their journey has changed them. They stand around the fire, symbolizing a future where the four Viking houses remain united as One Fire.



## MEET THE CHARACTERS

Read the short descriptions and complete the chart.

CHARACTER	HOUSE	KEY TRAITS	ROLE IN THE STORY
Freya	Iceborn (North)	Wise, brave, thoughtful	Host of the Ceremony of the Horn
Astrid	Flameborn (South)	Ambitious, clever, determined	Takes the horn
Erik	Ironborn (West)	Loyal, strong, honorable	Helps Freya recover the horn
Olaf	Stoneborn (East)	Calm, fair, disciplined	Represents tradition and balance
Ragnar	Flameborn King	Powerful, respected, proud	Leader of the southern tribe

### Who Am I? Match the character to the correct description.

- ..... I lead the Ceremony of the Horn.
- ..... I take the horn because I want recognition.
- ..... I decide to help someone who needs support.
- ..... I value tradition and discipline.
- ..... I am the king who must decide what is right.

### Think About the Characters: Answer the questions in complete sentences.

Which character do you think shows the most courage? Why?

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Which character's actions create the main conflict of the story? Why?

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## TRUE OR FALSE?

Read each sentence carefully. Write **T (True)** or **F (False)** next to each statement.

- 1. Freya belongs to the Iceborn house in the North.
- 2. Astrid steals the horn because she wants to help Freya.
- 3. Erik is from the Ironborn house in the West.
- 4. Olaf represents the Stoneborn house and values tradition.
- 5. Ragnar is the king of the Flameborn tribe.
- 6. Freya and Erik travel together to recover the stolen horn.
- 7. Olaf is the one who steals Lagertha's Horn.
- 8. Astrid wants recognition and honor from her king.

### Correct the False Sentences

Choose *two false sentences* and rewrite them correctly.

1. \_\_\_\_\_

2. \_\_\_\_\_

## REFLECTION QUESTION

Which character do you think changes the most during the story? Why?

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FREYA:



ERIK:



ASTRID:



KING RAGNAR:



OLAF:



SMELL THE RAIN, THE FOREST DEEP,  
BEES AND HONEY, SECRETS KEEP.  
SMOKE AND FLOWERS, AIR SO SWEET,  
EVERY BREATH – A TINY TREAT!

LOOK AT THE SUN, LOOK AT THE SKY,  
CLOUDS ARE DANCING, MOUNTAINS HIGH.  
RAINDROPS RUNNING, RIVERS GLEAM,  
NATURE'S MAGIC IS A DREAM!

TASTE THE FRUIT, THE BERRIES RED,  
TAKE A BITE, THE BREAD WE SPREAD.  
BIRDS ARE SINGING, SKIES ARE BRIGHT,  
EVERY DAY'S A PURE DELIGHT!

WATCH THE RIVER, HEAR THE SONG,  
NATURE'S MAGIC ALL DAY LONG.  
LOOK AROUND AND WE CAN SHARE  
NATURE'S MAGIC, EVERYWHERE!

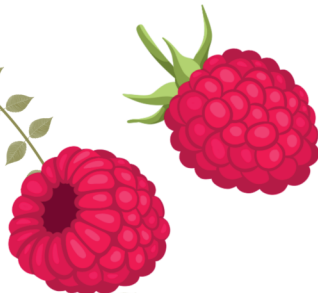
TOUCH THE TREES, THE BARK IS ROUGH,  
MOSS IS SOFT, THE GROUND IS TOUGH.  
FEEL THE WIND – A GENTLE BREEZE,  
DANCING LEAVES ON SHAKING TREES!

SEE THE MOON, THE STARS SO BRIGHT,  
FIREFLIES GLIMMER IN THE NIGHT.  
LISTEN CLOSE – THE OWLS FLY,  
NATURE SINGS A LULLABY.

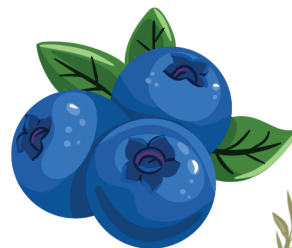
TASTE THE FRUIT, THE BERRIES RED,  
TAKE A BITE, THE BREAD WE SPREAD.  
BIRDS ARE SINGING, SKIES ARE BRIGHT,  
EVERY DAY'S A PURE DELIGHT!

WATCH THE RIVER, HEAR THE SONG,  
NATURE'S MAGIC ALL DAY LONG.  
LOOK AROUND AND WE CAN SHARE  
NATURE'S MAGIC, EVERYWHERE!





TROLL  
It was so nice meeting you.

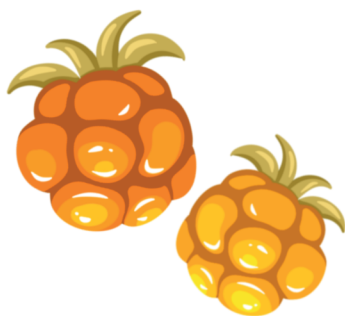


FREYA  
Nice to meet you too. Where are you going?

TROLL  
The sun is setting. Soon the most beautiful colors  
will be painted across the horizon. It's the perfect moment!

FREYA  
For what?

TROLL  
To harvest fruit.



FREYA  
Fruit? What fruit?



TROLLS  
Specially berries!  
Blueberries  
Raspberries  
Strawberries  
Blackberries  
Cranberries  
Gooseberries  
Cloudberrries

JUICY PIECES, TREATS TO SHARE,  
SPICY FLAVORS EVERYWHERE.  
SMELL THE FLOWERS, TOUCH THE TREES,  
FEEL THE WIND, THE GENTLE BREEZE.



WATCH THE RIVER, HEAR THE SONG,  
NATURE'S MAGIC ALL DAY LONG.  
LOOK AROUND AND WE CAN SHARE  
NATURE'S MAGIC, EVERYWHERE!





## “NATURE’S MAGIC POEM”

Using vocabulary from the song and troll scene, write your own four-line poem celebrating nature.

Each line should use a different sense (smell, see, taste, hear, touch).

### Example:

*I smell the forest after rain.*

*I see the mountains shining bright.*

*I taste the berries on my tongue.*

*I hear the river sing at night.*

### Your poem:

1 (SMELL) .....

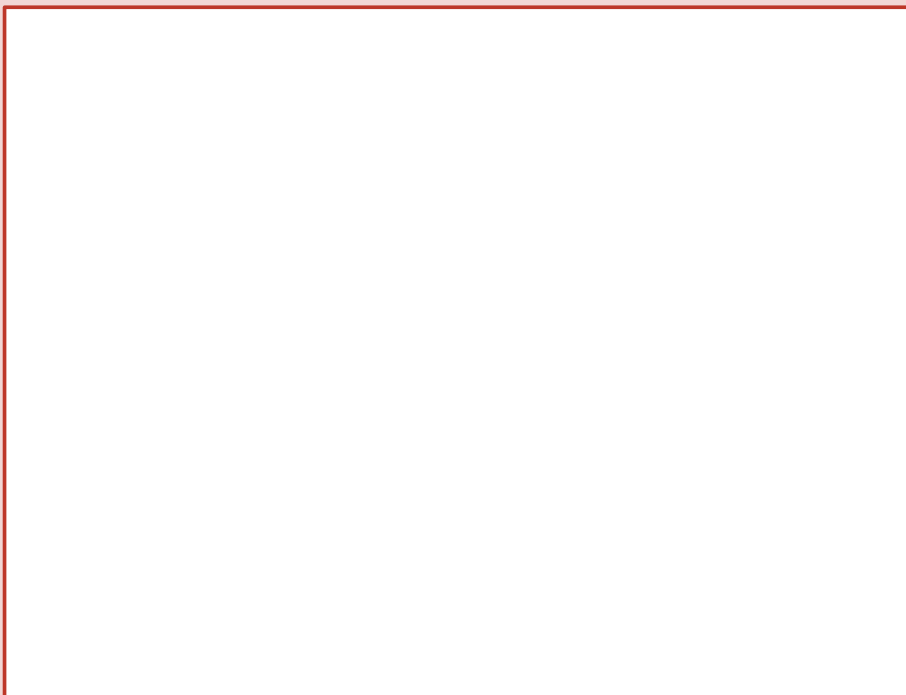
2 (SEE) .....

3 (TASTE) .....

4 (HEAR/TOUCH) .....

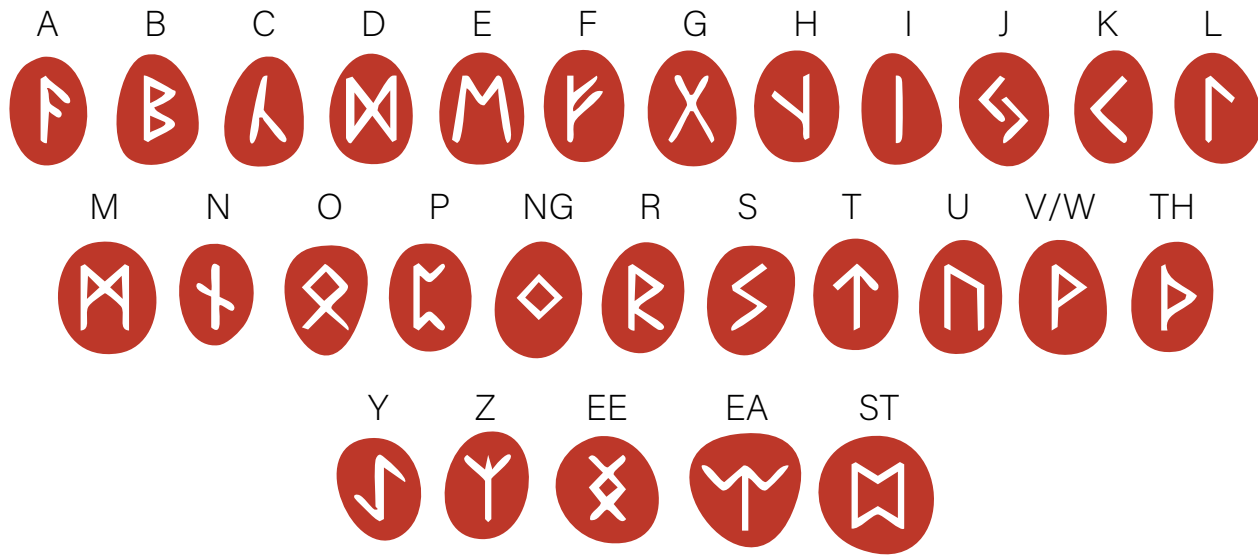
## EXTENSION BOX

Draw one troll collecting its favorite berry!





## VIKING RUNES



## ACTIVITY

- » Look at the alphabet and the Viking runes.
- » Write the words below using the Viking runes.

VIKING .....

HONOR .....

COURAGE .....

ALLIANCE .....

TRIBE .....

FIRE .....

STORM .....

DESTINY .....

HERITAGE .....

LEGEND .....

## BONUS TRACK

Create your own Viking motto using two rune words (*for example: Honor & Courage*).

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## WRITING ACTIVITY: VIKING LEADER

Write a document to go along with the horn message written by the ancestors. At the end of the play, the Vikings get together to celebrate their differences. **Write the speech** you would give in front of the whole community.

Example Start:

*"People of our village, brave warriors and wise friends... today we stand together, not as rivals, but as one tribe. Our ancestors have spoken through the horn, reminding us that our strength comes from our differences..."*

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Handwriting practice area consisting of 15 horizontal dashed lines.

### CHALLENGE OPTION

Step into the role of a Viking leader! Can you perform your message in front of your classmates using a bold voice, strong posture, and dramatic gestures?

FREYA:

IN THE NORTH, THE COLD WINDS SING,  
WE SAIL THE SEAS, THE STONES WE BRING.  
WE RAISE THE SOUL, THE FIRE IS BRIGHT,  
ANCESTORS GUIDE THE NIGHT.

ASTRID:

FROM THE SOUTH WHERE SUN BURNS STRONG,  
WE SEEK GLORY AND SING THIS SONG.  
WE DREAM OF POWER, WE DREAM OF FAME,  
THE WORLD WILL KNOW OUR NAME.

DIFFERENT HOUSES, FAR WE ROAM,  
ANCESTORS BRING US TO THIS HOME.  
WE LIFT OUR VOICES, LET IT BE,  
ONE FIRE. ETERNITY.

OLAF:

IN THE EAST, WE KEEP THE WAY,  
STRONG TRADITIONS, NIGHT AND DAY.

ERIK:

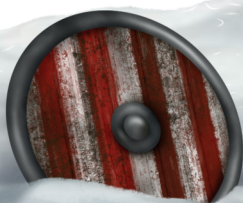
I'M FROM THE WEST, WITH AXE IN HAND,  
I GUARD MY TRIBE, MY LAND.

FROM THE NORTH, THE SEAS ARE WIDE,  
FROM THE SOUTH, THE FLAMES OF PRIDE.  
FROM THE EAST, TRADITIONS STAY,  
FROM THE WEST, WE FIND OUR WAY.

DIFFERENT HOUSES, FAR WE ROAM,  
ANCESTORS BRING US TO THIS HOME.

WE LIFT OUR VOICES, LET IT BE,  
ONE FIRE. ETERNITY.

DIFFERENT HOUSES, FAR WE ROAM,  
ANCESTORS BRING US TO THIS HOME.  
WE LIFT OUR VOICES, LET IT BE,  
ONE FIRE. ETERNITY.



FREYA

I COME FROM THE NORTH, FROM ICE AND SNOW  
THE SKY IS MY GUIDE, IT WILL HELP ME GO  
THE CLOUDS SPEAKING SOFTLY, THEY SHOW ME THE WAY  
THE WAVES TELL THEIR STORIES AT THE START OF THE DAY

SIDE BY SIDE, THROUGH SEA AND LAND,  
HERE WE ARE, STRONGER WE STAND,  
WHEN WE FIGHT FOR TRUTH, HAND IN HAND.  
DIFFERENT PATHS, ONE QUEST WE SHARE,  
TWO HEARTS, ONE FIRE, ONE GOAL,  
WITH YOU... I'LL DARE.

ERIK

I COME FROM THE WEST, WHERE THE SUN SAYS GOODBYE  
WITH IRON IN MY CHEST I SEE THE SEAGULLS FLY  
THE WIND IS MY BROTHER, THE STEEL IS MY SONG  
IN BATTLE OR PEACE, I STAND TRUE AND STRONG

SIDE BY SIDE, THROUGH SEA AND LAND,  
HERE WE ARE, STRONGER WE STAND,  
WHEN WE FIGHT FOR TRUTH, HAND IN HAND.  
DIFFERENT PATHS, ONE QUEST WE SHARE,  
TWO HEARTS, ONE FIRE, ONE GOAL,  
WITH YOU, I'LL DARE.

BOTH

SIDE BY SIDE, THROUGH SEA AND LAND,  
HERE WE ARE, STRONGER WE STAND,  
WHEN WE FIGHT FOR TRUTH, HAND IN HAND.  
DIFFERENT PATHS, ONE QUEST WE SHARE,  
TWO HEARTS, ONE FLAG, ONE GOAL,  
WITH YOU, I'LL DARE.



I'M BY MYSELF, AND I CAN SEE,  
THERE'S SOMETHING STRONG INSIDE OF ME.  
A QUIET WISH, A GENTLE CALL,  
A VOICE THAT KNOWS ME AFTER ALL.

NO SOUND, NO NOISE, NO WORDS AROUND (NOT AROUND)  
MY HEART IS BEATING, SAFE AND SOUND. (NOT A SOUND)  
HOURS OF QUIET, SOFT AND DEEP,  
DREAMS AWAKENING FROM SLEEP.

AND I HEAR WHAT THEY HAVE TO SAY...

TONIGHT YOU'RE GONNA RAISE YOUR HAND,  
AND THE WORLD WILL SING YOUR NAME.  
YOU ARE LIKE THE FIRE, SHARP AND TRUE –  
THERE IS NO ONE ELSE BUT YOU.

NO MORE WAITING IN THE DARK,  
NO MORE HIDING FROM THE FLAME.  
STEP INTO THE STORM, FACE THE THUNDER,  
STRIKE THE LIGHT – AND TAKE YOUR PLACE.

OUT FOR A WALK AND I FEEL SOMETHING STRANGE,

I AM ALONE – NOT AFRAID OF THE CHANGE.  
I TALK TO MYSELF, AND I HEAR THAT VOICE,  
WHISPERING SECRETS – NOT BY CHOICE.

SITTING FOR HOURS IN STILLNESS AND LIGHT,  
BREATHING THE AIR – IT FEELS SO RIGHT.  
THE FLAME INSIDE, I FEEL THAT POWER,  
THE SPARK – MY TRUE DESIRE.

AND I HEAR WHAT IT HAS TO SAY...

TONIGHT YOU'RE GONNA RAISE YOUR HAND,  
AND THE WORLD WILL SING YOUR NAME.  
YOU ARE LIKE THE FIRE, SHARP AND TRUE –  
THERE IS NO ONE ELSE BUT YOU.

NO MORE WAITING IN THE DARK,  
NO MORE HIDING FROM THE FLAME.  
STEP INTO THE STORM, FACE THE THUNDER,  
STRIKE THE LIGHT –  
AND TAKE YOUR PLACE.

I'LL TAKE MY PLACE...  
I'LL TAKE... MY PLACE.

